



## Physical Activity Country Card: Northern Ireland

Capital ----- Belfast  
 Inhabitants (2011) ----- 1,810,863  
 Life expectancy, (NISRA 2010) ----- 77  
 GINI inequality index, UK (World Bank 2010) ----- 0.38  
 Human Development Index, UK (2013) ----- 0.892  
 Literacy rate, UK (CIA World Factbook 2003) ----- 99%  
 Deaths by NCDs\*\*, UK (2014) ----- 89%



Northern Ireland

### Deaths related to physical inactivity

» 16.9% of all deaths in UK are due to inactivity.



### Surveillance and policy status

#### Physical activity plan

Yes  No

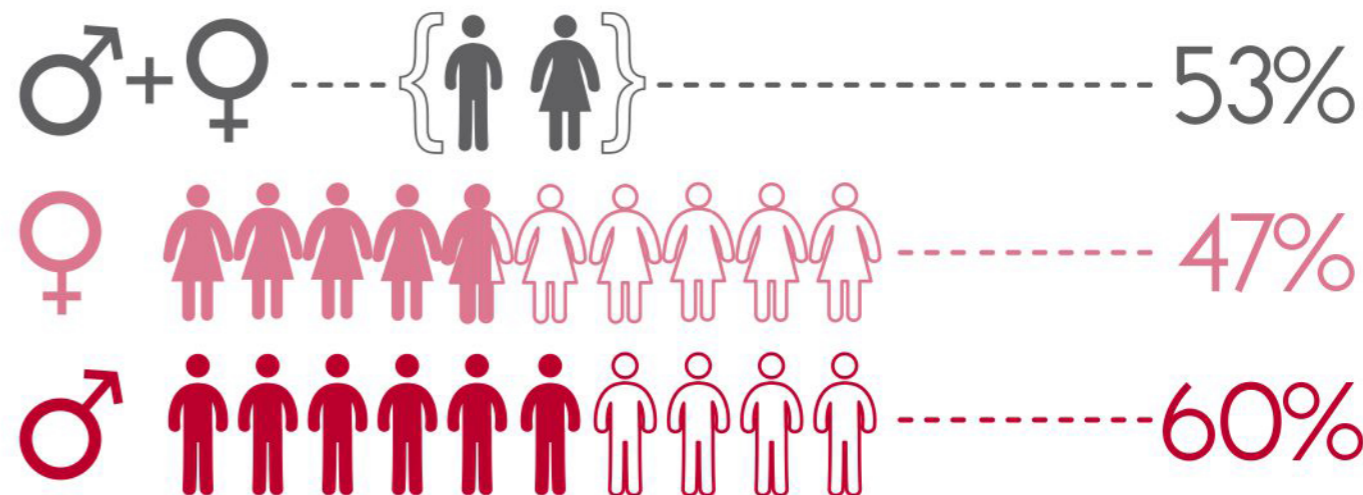
» Name:  
 «Incorporated within the 'Obesity Framework for Northern Ireland 2012-2020' and 'Sport Matters: The Northern Ireland Strategy for Development of Sport and Physical Recreation 2009-2019'

#### National survey

Yes

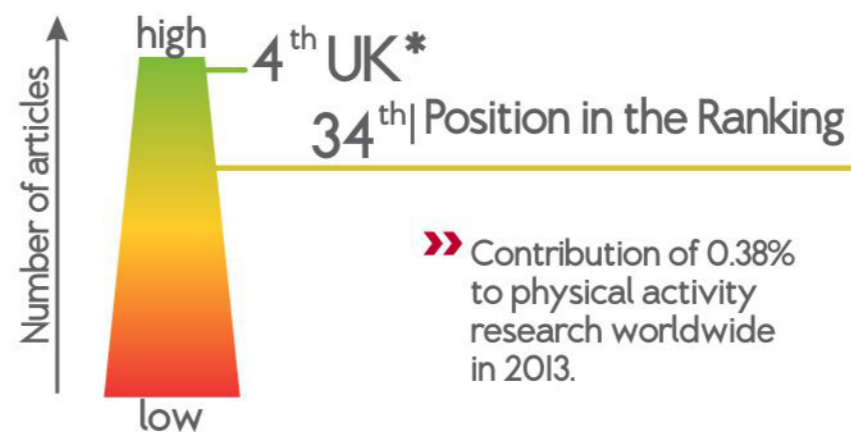
First survey: 2013  
 Most recent survey: 2015  
 Next survey  
 No

### Prevalence of Physical Activity | Age 18+ years\*



\*The Health Survey for Northern Ireland (2013-14) Age 18+ years

### Research metrics (PubMed search in 2013)



» Contribution of 0.38% to physical activity research worldwide in 2013.

\* If United Kingdom as one country were included in the ranking it would be in the 4th position. Much of the research conducted in England, Scotland, Wales and Northern Ireland crosses the borders for funding, collaboration and dissemination.

\*\* Non-communicable diseases

For description of the indicators and data sources:  
[www.globalphysicalactivityobservatory.com/appendix](http://www.globalphysicalactivityobservatory.com/appendix)

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